

## NIGHTLY REVIEW

Were we resentful, selfish, dishonest or afraid?

---

---

Do we owe an apology?

---

---

Have we kept something to ourselves which should be discussed with another person at once?

---

---

Were we kind and loving toward all?

---

---

What could we have done better?

---

---

Were we thinking of ourselves most of the time?

---

---

Or were we thinking of what we could do for others, of what we could pack into the stream of life?

---

---

But we must be careful not to drift into worry, remorse or morbid reflection, for that would diminish our usefulness to others. After making our review **we ask God's forgiveness and inquire what corrective measures should be taken.**